

ROAD RAGE

and Aggressive Driving

WHAT IS IT?
HOW TO RESPOND



Aggressive Driving is anything construed as **careless**.

- Tailgating
- Speeding
- Blocking a car from passing
- Changing lanes w/o signaling
- Running a red light
- Weaving in and out of traffic

Penalty: Traffic Citation

\$160-\$500

Road rage is more serious because it often involves a **violent intent**. This includes behaviors such as using a vehicle to ram another car, physically fighting with another driver, or using a weapon to threaten or cause harm.

Penalty: Criminal Offense

\$1,000+

Possible fines, imprisonment, court costs, and attorney bills.

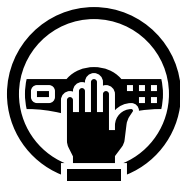


A SERIOUS ISSUE

56% of fatal crashes are caused by aggressive driving.

2% of drivers admit to trying to run an aggressor off the road.

50% of drivers who experience road rage admit to responding with aggressive behavior themselves.



Sources: National Highway Traffic Safety Administration (NHTSA), AAA Foundation for Safety, The Zebra
Statistics as of 2020. Based on Nationwide Data.

Tips to Avoid Becoming a Victim of Aggressive Driving



DON'T ENGAGE

One angry driver can't start a fight unless another driver is willing to join in.

Steer Clear: Give angry or aggressive drivers lots of room.

Avoid Eye Contact: Looking or staring at another driver can turn an impersonal encounter between two vehicles into a possible fight. You can listen to music to re-focus, but be sure to keep your attention on the main task of driving safely.

Get Help: If you believe the other driver is following you or is trying to start a fight, get help! Call the police. Otherwise, drive to a public place. Use your horn to get someone's attention. This will usually discourage an aggressor.

DON'T GET OUT OF YOUR CAR. DON'T GO HOME.

DON'T OFFEND

When surveys ask drivers what angers them most, the results are remarkably consistent:

- Tailgating
- Cutting off
- Blasting horn
- Obscene gestures
- Driving distracted
- Driving slow in left lane



ADJUST YOUR ATTITUDE

The most important actions to avoid aggressive driving take place inside your head.



REMEMBER:

Driving is not a contest.
Put yourself in the other driver's shoes.
Seek help for any anger or stress issues.

